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Inside this month:

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From the Editor

Thank you so much for joining us for our March 2018 edition. On the 31st of March we experience a Full Moon which is also named as the Full Worm Moon. This is known as the time of year in which the ground begins to soften and the Earth Worm begins to appear, giving sustenance to birds, such as the robin. The Full Moon is a wonderful time for us to spend time in reflection and to release that which no longer serves us.

Actress and advocate Lupita Nyong'o celebrates her birthday on the 1st of this month, and our editorial team look into her upbringing, career, astrological aspects and charitable work.

Our featured psychic Amethyst gives us some tips on how to increase our psychic abilities and Psychic Chrissie shares with us the meaning of 'Jewel Day', with popular gemstone origins.

We would like to thank you once more for being a reader of our monthly magazine, you really are a valued client of our top rated psychic services. This month we celebrate International women's day, and so we wish you a month of love, progression and empowerment.

Love and Light,

Allyssa x

Amethyst Pin 7790



What is your favorite type of reading to give?

Giving guidance on a person's spiritual pathway. Starting with themselves with helping them to clarify their values while achieving growth and self-awareness. I like to guide the client to tune into the energy of the seasons to access the energy of the natural world to receive healing from the trees and Mother Earth.

How would you describe your readings?

Holding and giving positive guidance in a compassionate manner with regards to the clients' feelings and needs, as I touch on various aspects of the enquirer's situation. I like to encourage the client to ask questions to their situation and then I give the client various answers according to the; visions, words, feelings and even smells that I channel from my guides!

What tools do you use?

Crystals are my favorite. Clear Quartz will help open ones spiritual ears, I feel it is the all singing, all dancing crystal, which brings clarity.

Sometimes I will use a very old crystal ball inherited from my grandmother who read tea leaves too. This gives such wonderful visions and shapes helping with pathway work. I also find that Angel cards help with healing and angelic guidance for the client.

What are some of your psychic abilities?

That's a good question as my gifts are evolving all the time!

I can see the future, but as we humans are able to make many different choices so a persons' future is multidimensional. So for example a vision I see for a client, is one of many choices that they have free will to make. I always trust my intuition and listen to my soul-self for guidance.

I love it when little feathers sometimes white or black appear out of the blue that's when I know my angels are with me. So my abilities unfold each day bringing joy peace and always surprises

What guidance would you offer to anyone who wishes to develop their psychic ability?

Firstly;

- > To always work with love in your heart, as that which you give out will come back tenfold and more.
- > To hold kindness and compassion as your shield.
- > To join a development circle, where you are safe and guided.
- > Keep a gratitude journal is also helpful, as well as daily meditation.
- > Read as many spiritual books as you can on various subjects.
- > Build up a close bond with your main spirit guide and your guardian angel.
- > Always balance your chakras, ground yourself each day and clear your aura of energies.
- > Try to develop your healing gifts too, send love and light to all beings especially our beloved animal kingdom.
- > Treat others the way you wish to be treated.
- > Trust your intuition always.



Lupita Nyong'o



This month Actress Lupita Nyong'o celebrates her 35th Birthday! Lupita was born in Mexico to Kenyan parents and was also raised in Kenya. She is fluent in Spanish, Luo, English, and Swahili.

Nyong'o began her career working as part of a production crew for many films, one of which was *The Constant Gardener* starring Ralph Fiennes. In fact, Lupita sites Fiennes as a person who not only inspired, but also encouraged her to begin a career in acting herself.

In 2009, Lupita directed and produced a documentary named 'In My Shoes' that went on to win first prize at the Five College Film Festival. She also directed the music video *The Little Things You Do by Wahu*, which also went on

to be nominated for Best Video Award at the MTV Africa Music Awards 2009.

Nyong'o studied a Master's degree at the Yale School of Drama, where she participated in many stage productions. Soon after graduating she landed the role of Chiwetel Ejiofor in Steve McQueen's historical drama *12 Years a Slave*. For this she was awarded the Academy Award for Best Supporting Actress, and went on to also win an Oscar! Making her the first Kenyan Actress to win an Oscar and the fifteenth female Actress to win an Oscar for a debut performance in a feature film.

Lupita may be a Pisces, but her personality has strong Aries, Libra, and especially Sagittarius elements. Three of her planets

sit in the cheery, yet fiery sign of Sagittarius. Lupita has two planets in Libra, giving her a social side, and two planets in Aries, giving her a strong assertiveness. With her Moon in the 8th House of transformation, Lupita may have a deep intuitive desire to change and 'break the wheel'

In April 2016, Nyong'o launched an anti-poaching "hearts and minds" campaign with her organization Wildaid. Lupita also announced that she will advocate and become a spokesperson globally for elephants with the Wildaid international conservation. We wish Lupita a happy birthday, and much success in the positive changes that she wishes to promote globally!



Aries

21 March - 20 April

Your thinking can be a little bit blurry at times this month, due to the role of the Full Moon in Virgo which opposes Neptune, the planet of dreams. Even if you feel that you've got the facts at your fingertips, they could turn out to be unreliable or simply wrong. Mind, you can sparkle into life from the 6th and 7th, and new beginnings are possible in love. Extra responsibilities arrive in the last week.



Cancer

22 June - 23 July

Widening your horizons can seem very appealing at the start of this month, but with Mars oppressing Mercury, you need to be sure that what you plan is workable. A lot more worldly interactions and responsibilities, but in a good way, can emerge for you from the 6th. Improved relationships with colleagues are possible too. Though in love, patience will be a virtue later in March Cancer.



Taurus

21 April - 21 May

Your imagination can be awesome on the back of this month's Full Moon, but then it can also see you wondering about what you should do about a key relationship. This can be especially so from the 9th, when Jupiter goes into a retrograde. Give yourself some moments of reflection this month Taurus, and prepare yourself for some objections as the month comes to a close.



Leo

24 July - 23 August

You can be a very kindly and compassionate person, but if you do too much for others, especially around financial matters, you may start to resent it Leo. As this month goes on, the desire for greater spontaneity and a change of scene is going to step up considerably. If you do plan to travel, be aware that the Mercury retrograde in the last ten days, can create some glitches.



Gemini

22 May - 21 June

If you have an idealized picture in your mind of how you'd like your work-life balance to be, you can find yourself grappling with it this month. Also, friends are likely to want you to join in the social whirl which can prove gratifying, and there could be somebody you encounter at an event who really intrigues you. Business affairs and long-term finances will though, need discipline in week five.



Virgo

24 August - 23 September

The Full Moon in your sign on the 2nd, can see you very sensitive about a close relationship issue. If you find yourself on a course of action around this, it may be best to wait for the 18th, when Mars moves into a better location for you. You could enjoy some good financial fortune from the 6th through to the 16th, but if you have gains, use them carefully from the 23rd of March.

Check out today's horoscopes at clearpsychics.com/horoscopes.html



Libra

24 September - 23 October

Someone may always seem to feel that you need to do more for them than they do for you. This month therefore, can be a tipping point and you have a marvelous opportunity from the 6th to assert your needs more clearly. Mind, Jupiter begins a retrograde and also Mercury later in the month, and money and the lines of communication with others, will need extra care Libra.



Capricorn

22 December - 20 January

Whether you're discussing something personal, planning a journey or making some changes at home, a great deal of care and attention to detail will be important this month. However, with Mars joining your sign on the 18th, you'll have a fabulous opportunity to push along the things that are important to you. Just expect some resistance or obstacles as March draws to an end.



Scorpio

24 October - 22 November

Jupiter in your sign slams on the brakes on the 9th, but this needn't in itself be automatically negative, but just suggests that any project that you've been investing a lot of energy in, may slow down between now and early July. With Mars and Saturn combining in the last week of this month, if you're journeying anywhere, take delays in your stride and enjoy the sights.



Aquarius

21 January - 19 February

A sparkle of ingenuity or your bubbly sense of fun, can light up the month from the 6th. Expect lots of vibrant exchanges. However, with Jupiter retracing his steps from the 9th, professional aspirations will require greater care. As Mars sweeps into Capricorn on the 18th, a past issue can come back to the fore, particularly in the last week of the month. Patience will be a virtue.



Sagittarius

23 November - 21 December

You may find yourself re-thinking some of your ideas this month, which needn't be a bad thing, not least because your social situation can take on a much brighter hue. Despite this, an event or date could get canceled or rearranged in the last ten days. Your self-discipline around resources, can be really strong in the final days of March, and you can make some shrewd decisions.



Pisces

20 February - 20 March

A fabulous alignment of planets in your sign as the month begins, gives you every opportunity to focus on your own needs, and in particular, to be very creative. However, someone you're close to may struggle to understand what you're trying to achieve, and it could require some tact to bring them on-side. Finances can improve in the last part of the month, but keep receipts if making purchases.

Jewel Day

13th March

Jewel, is a term used to refer to a gemstone and comes from the Medieval Latin word **Jocale**, meaning pastime or plaything. Jewel Day is an unofficial holiday which comes from the USA, but the deeper origins are unknown. It is a celebration of all things sparkly, though not necessarily expensive. If you are thinking of treating someone to a gift on jewel day, here are a couple of the most popular crystals! Including **Aquamarine**, which is also the birth stone for March:-

Aquamarine

Usually pale blue in color, with the term coming from the Latin **Aqua Marinus** meaning water of the sea. It was once thought to be the treasure of the mermaids and was used by sailors as a talisman of good luck and protection at sea. As a love crystal it is said to encourage a lover to return, so is often used as a parting gift.

Amethyst

Often noted for its use in psychic readings. It is known for helping bring clarity of thought



and can also, it is believed, help in healing! Although it is recognized as the birthstone for February, it overlaps to March. In ancient Greece the amethyst was thought to reduce stress and allow clarity of thought, so was highly priced.

Diamonds

Maybe one of the most sought after stones, especially for engagement rings. Viewed as the most romantic of all crystals, it has the hardest strength and can cut through anything. It is the

birthstone of April, but is coveted by all star signs. They also hold their value more than any other stone.

Emerald

Known for its rich green color in differing hues, is seen as the color of spring and a symbol of rebirth and love. They were revered in ancient Egypt by the pharaohs, especially Cleopatra and many royals where buried wearing the stones.

Discover the Divine Feminine

In honor of International Women's Day we look into discovering the divine feminine...

She is personified in the Orient as Quanyin. Eastern Indians know her as Parvati, Sita or Sarasvati. And let's not forget the Virgin Mary, the Egyptian goddess Isis, the Greek goddess Aphrodite, or the spider woman of the North American Indians. Her names and forms go on and on, across the globe and throughout history. It is nothing new, this notion of the divine feminine as a paramount force our lives. Indeed, goddess and nature worship were at the center of most early cultures.

Aphrodite

Aphrodite came out of the sea, and is thus associated with its life-giving powers. She had immense influence in the divine realm, yet her purpose was simple: to bring love and beauty into the world. Despite her many affairs with both mortals and gods, she represents more than just physical intimacy. The overwhelming force of love is her true message to the world.

Saraswati

Saraswati is about learning, language, music and enlightenment. She originated as a river goddess, again symbolizing the creative power of the earth. The white lotus on which she is often seated

represents the search for cosmic knowledge. In many portraits there is a peacock depicted at her feet, symbolizing the subjugation of pride through knowledge and beauty.

Quanyin

Known as the embodiment of mercy and compassion, Quanyin has many names throughout Asia. She is sometimes depicted as androgynous or even male, indicating the oneness of all things. But her usual form is that of a radiant goddess who is willing to sacrifice everything for the benefit of others. This selfless desire to relieve suffering is associated with the highest vibrations of feminine energy.

Spider Grandmother

Spider Grandmother, a deity in several American Indian tribes, is a creator goddess who brought the world into existence by dreaming. Changing Woman is another important goddess from this culture. She can transform from an old woman to a young girl at will, and thus represents the transformative power of nature. Changing Woman teaches people how to live in harmony.

There are thousands of examples but from these four alone, the characteristics of the divine feminine are obvious.

Compassion, creativity, beauty, power. There are also many wrathful goddesses, such as the Indian goddess Kali, but her wrath is always purposeful, to restore balance. At the heart of every goddess is a compassionate, gentle, yet immense power that is based in cooperation and harmony. In a word, love...

As with all divine energy, the true home of the goddess is within nature and within each one of us. Besides bringing about a better world, awakening the divine feminine within is a powerful way to manifest abundance and beauty in our own lives. All it takes is a little focus and intention. Here is an easy way to get started:

Create a small altar to the goddess. It doesn't have to be anything special, just a dedicated space. You can dedicate it a particular goddess, or simply to the divine feminine. Burn some incense, oil or candles in her honor as you close your eyes and begin to visualize her, focusing on the radiant details. Ask her to empower you with her beauty and knowledge, and to help you manifest the things you seek, so long as they serve your highest self. Be sure to thank and revere this sacred force. Repeat often for a stronger connection!

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